



INTERNATIONAL HYPNOSIS FEDERATION

Founder: Shelley Stockwell-Nicholas, PhD

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ALTERNATIVE HEALTHCARE DISCLOSURE

_____ (provider's name) is a legal
Alternative/Complementary Healthcare/Wellness Provider; not a licensed physician. Their self regulated holistic treatments & specialties do not require state licensing & their client-centered disciplines, philosophy, education, experience & certification allow them to assess, advise & assist me to:

- * **MASTER PERSONAL GOALS** that enhance my self-determination for a healthy, happy life.
- * **TRANSFORM PHYSICAL, EMOTIONAL, MENTAL, SOCIAL & SPIRITUAL LIMITS** to renew & free me from things like addiction, allergy, boredom, co-dependency, confusion, conflict, depression, disability, fear, high blood pressure, illness, incongruity, injury, insomnia, hurtful habits, lack of control, life passages, life-traps, limiting beliefs, low self-esteem, negativity, pain, poor concentration, poor diet, physical issues, problems, self-sabotage, speech impediments, stress, stagnation, toxicity, trauma, upset or worry.
- * **ENHANCE WELL-BEING** at work, home, school, play, sports & during traditional medical/dental procedures by stimulating my natural ability to communicate, create, enjoy, grow, heal, love, learn, play, relax, intuit and be aware, abundant, balanced, confident, clear-minded, comfortable, coordinated, entertained, energized, flexible, harmonious, happy, motivated, rejuvenated, successful, well & wise.
- * **RECEIVE PROFESSIONAL SUPPORT** and practical ideas, information, techniques & methods gleaned from my provider's specific apprenticeship, research, schooling, self-discovery, courses, certification & experience. The International Hypnosis Federation & its specialty associations provide complementary & licensed holistic helpers with on-going continuing education, courses & certification.

MY PROVIDER'S SERVICES & EDUCATIONAL QUALIFICATIONS ARE LISTED BELOW:

- HYPNOSIS/HYPNOTHERAPY/BIOFEEDBACK/VERBAL 1ST AID** Provider has _____ hours of training & experience
Verbal & non-verbal motivation, healing, behavior modification &/or entertainment recognized by the AMA & defined as "the bypass of the critical factor of the conscious mind followed by the ability to accept suggestions."
- NEUROLINGUISTIC PROGRAMMING/ NLP** Provider has _____ hours of training & experience
Verbal & non-verbal behavior modification using matching, modeling, suggestion, sensory action/reaction & personality
- THERAPY, COUNSELING, COACHING** Provider has _____ hours of training & experience
Conversational behavior modification, advice & methods co-create a personal help, healing, joy, goals, wellness plan
- NUTRITION, NATUROPATHY, HERBOLGY** Provider has _____ hours of training & experience
Ancient & modern grass roots wisdom that uses naturally occurring plant, mineral & animal substances to cure disease symptoms and stimulate a natural immune/defense response for vitality & nourishment
- BODY MOVEMENT, ENERGY WORK, TOUCH, SKIN** Provider has _____ hours of training & experience
Hands-on or non-touch services apply fixed or moveable systems to stimulate energy, flexibility, health, relaxation & joy
- SPIRITUAL/PASTORAL COUNSELING** Provider has _____ hours of training & experience
Ancient & modern philosophies and counseling methods of conversation, altered states, archetypes, energy & divination for mind, body, social & spirit fitness
- _____ (specialty) Provider has _____ hours of training & experience
- CONTINUING EDUCATION** Provider attends _____ hours of Continuing Education

I have read & understand this Alternative Healthcare Disclosure

Name _____

Signature _____

Date _____

Address _____ City _____ State _____ Zip _____

Phone _____ e-mail _____

White copy is to be retained by Complementary/Alternative Wellness Provider for 3 years

Canary copy is for the client